



CITY OF VINCENT

WHAT'S ON FOR SENIORS



COMPASSIONATE COMMUNITIES WITH PROFESSOR SAMAR AOUN

Date: Wednesday 6 September 2023

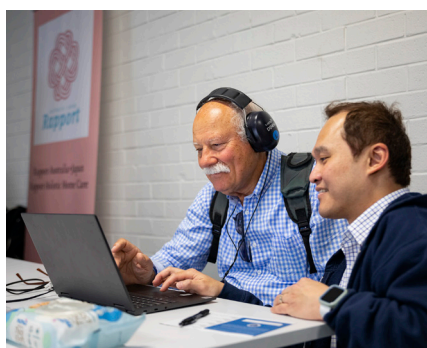
Time: 10am – 12pm

Cost: FREE

Location: Function Room, City of Vincent Administration Building, 244 Vincent Street, Leederville

Join us for a presentation from WA Australian of the Year Professor Samar Aoun. Learn how each of us can play a stronger role in supporting people who are caring, dying or grieving to increase their sense of connectedness in a time of need.

Morning tea will be provided.



HEARING CHECKS BY HEARING AUSTRALIA

Date: Thursday 7 September 2023

Time: 9.30am – 1pm

Cost: FREE

Location: Community Centre, 99 Loftus Street, Leederville

Come along to the Hearing Australia pop-up and receive your free hearing check. The hearing check can detect and measure the severity of hearing loss.



BUS TOUR – KINGS PARK FESTIVAL AND WIRELESS HILL WILDFLOWERS

Date: Wednesday 20 September 2023

Time: 9am – 3.30pm

Cost: \$30

Pick up and Drop off: Community Centre,
99 Loftus Street, Leederville

Enjoy a delightful morning tea at Wireless Hill followed by a guided walk to see spider orchids and kangaroo paws. Afterwards, you'll travel to Point Walter before enjoying fish and chips for lunch at the Twin Fin in Fremantle. Finally, enjoy some free time at Kings Park to see the magnificent wildflower displays.

To secure a seat on the bus we require payment at the time of booking. Bookings are limited to one tour per Vincent resident each calendar year.

For registration and payment please call **9273 6000**.



COOKING EDUCATION SESSIONS

Date: Tuesday 10 or 17 October 2023

Time: 10am – 11am

Cost: FREE

Location: Community Centre, 99 Loftus Street, Leederville

Come along and join nutrition students from Edith Cowan University as they apply their knowledge and skills by teaching cooking education sessions. Participants to register for one of the two dates advertised.



SENIORS TECH EXPO

Date: Friday 20 October 2023

Time: 10am – 12pm

Cost: FREE

Venue: Community Centre, 99 Loftus Street, Leederville

In partnership with the Seniors Recreation Council during national Get Online Week, we are hosting a Seniors Tech Expo. Come along and have all your questions answered about all this new technology. Refreshments will be provided.

To register, please contact the Seniors Recreation Council on **6118 2717** or **info@srcwa.asn.au**

Registration is essential as places are limited at these events.

For more information or to register for any of these events, please contact the Community Development team on **6112 5843** or via email at **community.development@vincent.wa.gov.au** or visit **vincent.wa.gov.au/events**

If you are receiving this flyer via post, please consider the environment and ask for it to be emailed instead. Send us an email at **community.development@vincent.wa.gov.au** with your request to change the delivery method.