

Consider joining a cycling group for enjoyable rides in interesting local and regional environments:

### > Perth BUG (PBUG)

Group of cyclists who work towards improving cycling conditions and facilities within and on route to the central Perth area.

Meetings are conducted monthly via email

Contact: Peter Bartlett

Phone: 9284 7951 or (m) 0438 988 473 or email: peter.bartlett@health.wa.gov.au

#### Vincent BUG (VBUG)

Group of cyclists who work towards improving cycling conditions and facilities within the Town of Vincent.

Contact: Judy Wilson Phone: 9242 4485 (h)

#### Stirling West BUG (SWBUG)

Group of cyclists who work towards improving cycling conditions and facilities within the City of Stirling.

Contact: Rob Masters

Phone: 9445 3853 or email <a href="mailto:rdm@lympago.com">rdm@lympago.com</a>

### Cycling 4 Pleasure:

Leisurely recreational bike rides all around Perth

Contact: Bill Noffsinger

Phone: 9384 9430 or email: noffy@it.net.au

# > Over 55 Cycling Club Inc.

Recreational rides for seniors http://www.over55cycling.org.au E-mail: over55@live.com.au

### > Cycle Touring Association

Recreational rides at the weekend http://www.ctawa.asn.au

# > UWA Bicycle Users Group

Convenor: Peter Hacking

Email: phacking@admin.uwa.edu.au

Web: http://sponsored.uwa.edu.au/bug/welcome

#### **Cycling in Perth**

The Swan River has been named as one the State's icons. Shared paths make it possible to ride, walk or skate a circuit along the river foreshore. Hire firms can supply all the equipment required.

**About Bike Hire** 9221 2665 **Cycle Centre** 9325 1176 **Koala Bike Hire** 9321 3061

#### **Cycling in Vincent**

In addition to the Vincent Local Bicycle User Group, there are plenty of opportunities for cycling in the Town of Vincent. The TravelSmart Guide shows a network of paths and designated cycling streets that will connect you to major destinations such as Lake Monger, Leederville Town Centre, Mt Lawley, the City or Kings Park.

## **Cycling in Stirling**

In addition to the Stirling West Local Bicycle User Group, there are plenty of opportunities for cycling in the City of Stirling. The TravelSmart Guide shows an extensive network of paths in the Stirling area and designated cycling streets that will connect you to the City, the coast and other great destinations. A range of brochures detailing shared path facilities running through local parks and reserves is produced by the City of Stirling can be accessed at: <a href="https://www.stirling.wa.gov.au/home/recreation">www.stirling.wa.gov.au/home/recreation</a> or in the Your City @ Your Leisure booklet available at Stirling libraries or the City administration building.