



CITY OF VINCENT

GROUP FITNESS



Frequently Asked Questions [FAQs]



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APPLICATIONS

Why do I need a permit to conduct group fitness on a park in the City of Vincent?

The City of Vincent prides itself on the quality of its parks. Permits are required to allow effective management of reserve usage, and to manage maintenance on reserves. Permits also enable the City to ensure all group fitness sessions occurring on City's parks meet fitness industry standards.

What's in it for me?

An approved permit ensures:

- access to suitable parks for training activities;
- access to floodlights and other amenities as required;
- notification of any events or maintenance scheduled on the park that may interrupt your sessions and offered alternatives where required; and
- the City can program tasks such as mowing and irrigation around your booking.

How long will it take to process my application?

Applications are assessed by the City's Community Partnership Team. All group fitness applications will be processed within 15 working days of receipt providing all the relevant documentation is received.

FEES AND CHARGES

Do I have to pay a fee to conduct a group fitness session on the reserve?

Yes, the City requires a permit for the use of parks and the fees are listed below:

GROUP FITNESS PERMIT FEES AND CHARGES	
	6 months
Small (up to 5 participants)	\$ 330.00
Medium (5-10 participants)	\$ 660.00
Large (11-20 participants)	\$ 1,370.00

Can I pay my group fitness fee after I start on the park?

Sorry, unfortunately not. All fees must be paid in full prior to you commencing your group fitness sessions. Contact the Customer Service Officer (Bookings) on 9273 6565 to make payment over the phone.

PARK AVAILABILITY

Can I choose which reserve I want to use?

Yes, to an extent. In your application you will be asked to list your preferred reserve for group fitness, and your second preference if your preferred location is unavailable. The Community Partnership Team will do their best to accommodate your first preference. If your first and second preferences are both unavailable, you will be offered alternative options to choose from.

Will I have exclusive use of the reserve once my permit has been approved?

No, the City cannot guarantee exclusive use of any of its parks.

APPROVAL

How will people visiting the park know that I have approval from the *City of Vincent*?

The City will supply all approved personal trainers with a corflute sign which must be displayed when conducting group fitness sessions.

What if there is another trainer using the reserve without a permit sign?

Please make a note of the day and time, and report the unauthorised use to the City as soon as possible. Your details will remain anonymous, and the City will make contact with the unauthorised user.

I don't have any formal qualifications; can I still apply for a group fitness permit?

No. You must be registered with Fitness Australia as an Exercise Professional (Personal Trainer specialisation) or Business Member.

I want to deliver Yoga or Pilates sessions, not group fitness, do I still need to be registered with Fitness Australia?

No, you don't need to be registered with Fitness Australia. However you must be registered with Yoga Australia or Pilates Alliance Australia (depending on whether you are running Yoga or Pilates), and must hold a current approved Yoga or Pilates instructor qualification.

When and where can I collect any necessary keys?

Should you require keys for your group fitness sessions, these will be made available to you on the day prior to the group fitness sessions. Keys can be collected from the *City of Vincent*, Administration & Civic Centre, 244 Civic Street (corner Loftus), Leederville, Western Australia 6007 between the hours of 8.30am and 5.00pm Monday to Friday.

What if my circumstances change or I no longer wish to use the park?

Simply email us at facilitybookings@vincent.wa.gov.au and we will make the changes. If your permit has been approved and confirmed, a cancellation fee may be applicable.

REQUIRED DOCUMENTATION

Do you need me to provide you with any other documentation?

Yes. The City of Vincent requires a copy of the following documents:

- Approved qualifications endorsed by Fitness Australia, Yoga Australia, Pilates Alliance Australia, and/or VETAB providers such as TAFE, Universities and Nationally Recognised Training institutions/colleges;
- Current Senior First Aid Certificate;
- Proof of registration with Fitness Australia as an Exercise Professional (Personal Trainer specialisation) or Business Member;
- Proof of registration with Yoga Australia or Pilates Alliance Australia (as applicable) as an accredited Yoga or Pilates instructor; and
- Current Public Liability Insurance to a minimum of \$10 million and \$5 million Professional Indemnity Insurance for the life of the permit.

Approval will only be given when copies of these documents are provided to City.

FLOODLIGHTS

Can I use the floodlights?

On some reserves, yes, floodlights are available for use. For detailed information on parks that have floodlights available and the relevant fees and charges, please email facilitybookings@vincent.wa.gov.au. Applications for floodlights usage must be in writing and will be considered in accordance with policy, park suitability, availability and current condition.

PARKING

Can we park our cars on the oval?

To ensure that the City provides quality parks that meet sporting, recreational and leisure needs all vehicles are to be parked in appropriate car parking areas and not on the park.

MUSIC

I would like to have music playing during my group fitness sessions, are there any restrictions on volume?

If music is played at your group fitness sessions, the volume must be kept to a minimum so as not to interfere with other users of the park and local residents.