

What is It?	What's it called?	When is it?	Find It	More Info
music	sweet oblivion at HQ	Monthly	https://www.facebook.com/pg/ymcaHQ3/events/	Cool Perth Nights & YMCA HQ bring you the best in up and coming young bands - be the first to witness the stars of the future!
Music	GigsGuide Live	Various dates	https://gigs.guide/live	Find a full calendar of live music streaming from around the world!
Music	Lolla From the Vault	Various dates	https://www.lollapalooza.com/	Lollapalooza are streaming some of their best gigs from the past including iconic bands like Foo Fighters - check their website for upcoming livestream dates and times
Music	Pitchfork Live	Anytime	https://www.youtube.com/pitchforktv	Heaps of full lengths gigs to enjoy from the comfort of your lounge including Run the Jewels and King Gizzard and the Lizard Wizard
Music	NPR Tiny Desk Concerts	Anytime	https://www.youtube.com/nprmusic	NPR Music have a heap of unique performances recorded behind their famously tiny desk including Florence and the Machine, Harry Styles, Rex Orange County, Taylor Swift.
Music	Sydney Opera House Digital Season	Anytime	https://www.sydneyoperahouse.com/digital/season	The SOH are streaming some of their best concerts, talks and shows
Music	KEXP	Anytime	https://www.kexp.org/sessions	Go way back into the archives and check out studio performances from Mac De Marco, Julia Jacklin, Courtney Barnett and Middle Kids
Music	The Clubnotist	Anytime	https://www.facebook.com/Clubnotist/	Hypnotist, comedian and DJ - Fringe favourite Matt Hale uses hypnosis techniques and house music to bring you on a sonic journey.
Arts	Cirque Du Soleil	Anytime	https://www.cirquedusoleil.com/cirqueconnect	The world's most famous circus are now offering free 60 minute online videos featuring the best bits from some of their shows
Arts	Vincent Library	Anytime	https://library.vincent.wa.gov.au/	Access our e-catalogue including books, magazines, audiobooks and movies. Not a member? You can sign up online.
Arts	Dark Horse Free Comics	Anytime	https://digital.darkhorse.com/pages/246/free-dark-horse-comics	Read dozens of free online first issues including Hellboy
Arts	Comixology	Anytime	https://www.comixology.com/free-comics	12 free comics including X-men, Black Panther and Avengers
Arts	Toko Suzuki Free Digital Portrait Tutorial	Anytime	https://toko-suzuki.webnode.com/free-tutorial/	A digital painting course from this amazing Sydney portrait artist
Culture	Noongar Language and Culture Course	Anytime	https://www.edx.org/course/noongar-language-and-culture	Learn about culture and some basic language of the Noongar people, the original and enduring culture of the South West of Australia, including City of Vincent.
Fitness	Beatty Park Online Classes	Anytime	Instagram @beattypark www.facebook.com/BeattyParkLeisureCentre	Free workouts, healthy recipes and tips from our Beatty Park trainers

Fitness	Yoga With Adriene	Anytime	https://www.youtube.com/user/yogawithadriene/videos	Choose from hundreds of videos for home yoga practice that you can do whenever and wherever you like.
Fitness	Les Mills Youtube	Anytime	https://www.youtube.com/lesmillsgroupfitness OR https://watch.lesmillsdemand.com/free-content	Les Mills have a set of free workouts that you can access anytime to get your heartrate up
Fitness	PopSugar Fitness	Anytime	https://www.youtube.com/popsugartvfit	PopSugar Fitness have hundreds of free workouts including dance, HIIT, and beginner workouts that you can access anytime
Gaming	Gog.Com Stay at Home Free Games	Anytime	https://www.gog.com/partner/stay_at_home	Over 20 free classic games available to download to help you stay at home
Leadership	Youth Action Leadership Lessons	Anytime	https://www.youthactionnet.org/videos/leadership-lessons	Check out videos and webinars by young change makers across the world to inspire you to achieve your goals
Mental Health	This Way Up	Anytime	https://covid19.thiswayup.org.au/	This Way Up are offering free access to all their short wellbeing courses during the COVID-19 crisis - Mindfulness, Coping with Stress, Managing Insomnia and Student Wellbeing. You can do the course on your own or have your GP or clinician supervise your progress.
Mental Health	Helping Minds	Various dates	https://helpingminds.org.au/online/	Webinars for mental health and wellbeing including specific workshops for teens
Mental Health, Online Courses	A Stitch in Time Mental Health Education	Anytime	https://astitchintime.learnworlds.com/	A one hour course to help you improve your understanding of mental health
Online Courses	Microsoft 365 Training	Anytime	https://support.office.com/office-training-center	Free short courses in word, excel, powerpoint and other Microsoft programs, super handy for updating your resume and getting job ready
Online Courses	Edx	Anytime	edx.org	Hundreds of free short courses from Universities across the world that can be done at your own pace.
Online Courses	DuoLingo	Anytime	Mobile App DuoLingo	A free app that allows you to learn any language, at your own pace.
Online Courses	Voices of Social Change	Anytime	https://www.coursera.org/learn/voicesofsocialchange/	Voices of Social Change is a free online short course co-designed and delivered by eight young social entrepreneurs. Follow in the footsteps of these young change-makers who had an idea, a desire to make an impact, and converted that into real-world change.
Online Courses	Future Learn	Anytime	https://www.futurelearn.com/courses	Hundreds of free short courses from Universities across the world that can be done at your own pace.
Online Courses	Coursera	Anytime	https://www.coursera.org/	Hundreds of free short courses from Universities across the world that can be done at your own pace.

Online Courses, Arts and Music	Skill Share	Anytime	Skillshare.com	Workshops and online tutorials for the arts including fine arts, music, writing, animation and design as well as classes in marketing, leadership and entrepreneurship, lifestyle and productivity
Online Courses, Leadership	Passport to Success Traveller	Anytime	https://www.passporttosuccess.org/pts-traveler	A fun game based e-course developed by the International Youth Foundation to support people aged 16-24 in developing work readiness skills